



Call the Midlife: TFI Friday, Top Gear and Other Middle-Aged Dilemmas

By Chris Evans

Orion Publishing Co, United Kingdom, 2016. Paperback. Book Condition: New. 199 x 137 mm. Language: English . Brand New Book. During his run into turning FIFTY, CHRIS EVANS is on a MISSION. To take stock of WHERE HE IS and WHERE HE S AT in order to figure out how BEST to get the MOST out of what he BELIEVES are the BEST YEARS yet to come. His typically positive and upbeat journey involves ONE HUNDRED DAYS of contemplation, research, focus, frustration and DECISION MAKING while SECRETLY: *Training for The London MARATHON *Bringing back his cult Nineties TV show TFI FRIDAY *And the small matter of suddenly being asked to take over TOP GEAR. HEALTH, LOVE, MARRIAGE, SEX, DEATH and even RELIGION all come under his witty microscope as he poses the conundrum - MIDLIFE: CRISIS vs OPPORTUNITY ? There can only be one winner.



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