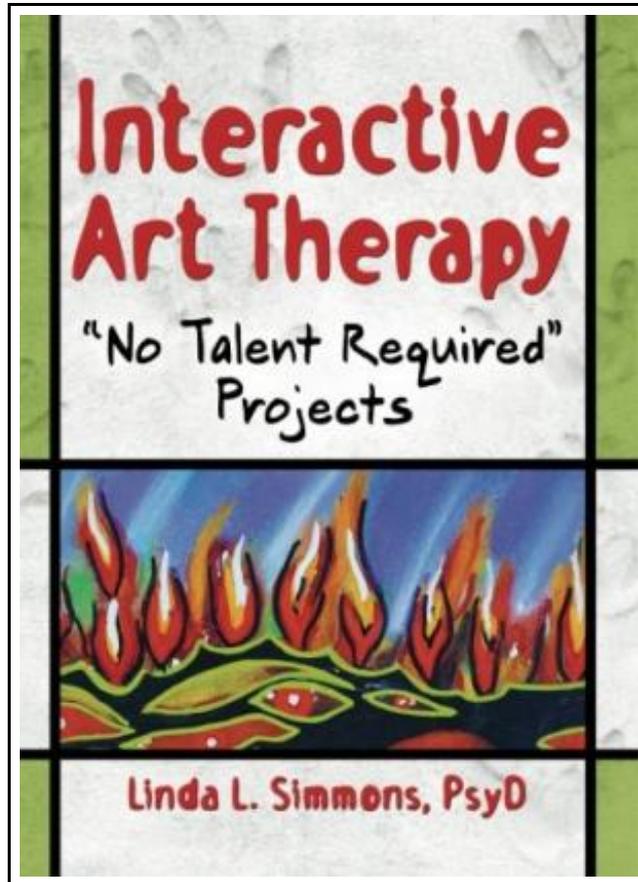# Interactive Art Therapy: No Talent Required Projects

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Reviews

This book is definitely not effortless to begin on looking at but quite entertaining to read. Better then never, though i am quite late in start reading this one. I am just easily can get a enjoyment of looking at a written ebook.

(Elinor Hyatt)

INTERACTIVE ART THERAPY: NO TALENT REQUIRED PROJECTS

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Taylor Francis Inc, United States, 2006. Paperback. Book Condition: New. 208 x 152 mm. Language: English . Brand New Book. Work with your client--using an effective multi-sensory technique Most people are visual learners. Seeing our ideas in pictures gives them greater impact and more meaning. Interactive Art Therapy: No Talent Required Projects presents a cutting-edge therapeutic technique founded on sound clinical principles, providing another practical tool any therapist or counselor can effectively use without anyone having to be a da Vinci. The book clearly discusses the clinical rationale behind using standard drawings in therapy and demonstrates how the interactive nature of the approach helps clients to quickly and easily gain deeper insight. Interactive Art Therapy: No Talent Required Projects helps counselors and therapists empower the client to become an active participant in the therapeutic process, allowing the flexibility of the drawings to be adaptive to the client s cognitive and developmental abilities. The book examines ways for practitioners to discern whether Interactive Art Therapy is a suitable clinical intervention for the client, then explores the ways each drawing can be used to help clients move toward breakthroughs in their therapy. The text uses case examples to clearly illustrate techniques and reveal the ways that clients drawings reflect their thought processes. Interactive Art Therapy: No Talent Required Projects discusses how to use simple, client-friendly drawings such as: * Cage of Fears * Teeter-Totter of Decision-Making * The Coping Arch * Boundary Castle * Well of Needs * Weight of the World * Swamp of Sympathy * Brick Wall of Barriers * The Pressure Box * Pole Vault for Goals Interactive Art Therapy: No Talent Required Projects provides a valuable tool for therapists, school psychologists, guidance counselors, psychiatrists, marriage and family counselors, drug and alcohol counselors, pastoral counselors, educators, and students.

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