



Coils Curls the Hair Product Handbook: Helping the Product Junkies of the World Buy Smarter, Sort Through Marketing Hype and Save Money!

By Nicole Harmon

Createspace, United States, 2012. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.There is so much hype about hair products, but does it really matter which ones you choose? Are expensive products really worth paying for? This book teaches you everything you need to know about products for coils (spiral-shaped/afro-textured hair) and curls (S-shaped hair). Coils Curls The Hair Product Handbook shows you the key ingredients to look for and explains what they can do for your unique hair type. Also included: product recommendations, sample hair care routines, and ideas for homemade recipes. Coils Curls The Hair Product Handbook Chapter 1: An introduction to hair care language Chapter 2: The specific ingredients to look for in shampoos, conditioners, and styling products Chapter 3: Product recommendations and a complete list of important ingredients Chapter 4: A simple formula to help you decide if an expensive product is worth the money Chapter 5: Guidance on pressing combs, mineral oil, and protective styles Chapter 6: Specific hair care routines for natural hair, relaxed hair, and for growing out a relaxer Chapter 7: Detailed instructions for co-washing, proper flat ironing technique, protecting the hair...



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Reviews

This book is definitely worth acquiring. I have go through and so i am certain that i will likely to read through again again in the future. Its been printed in an exceptionally basic way in fact it is only after i finished reading this publication in which actually altered me, change the way in my opinion.

-- **Andres Bashirian**

Comprehensive guide for publication fanatics. This really is for all who statte there had not been a well worth reading through. I discovered this ebook from my dad and i encouraged this book to find out.

-- **Lacy Goldner**