

Running Out of Time: Running Raw Around Australia



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RUNNING OUT OF TIME: RUNNING RAW AROUND AUSTRALIA



Brolga Publishing Pty Ltd. Paperback. Book Condition: new. BRAND NEW, Running Out of Time: Running Raw Around Australia, Janette Murray-Wakelin, To inspire and motivate conscious lifestyle choices, to promote kindness and compassion for all living beings and to raise environmental awareness for a sustainable future, veteran raw vegan runner Janette Murray-Wakelin and Alan Murray ran around Australia, 15,782km, 366 marathons each in 366 days. On January 1, 2014, as they ran their 366th marathon, they set a new World Record for the most consecutive marathons, as the oldest and only couple to run around Australia, fuelled entirely on fruit and vegetables and wearing barefoot shoes. Having previously cured herself of cancer, Janette Murray-Wakelin is living proof that anything can be achieved when living a conscious lifestyle.



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