



Eeez Meditation for Beginners: Empowerment with Eeez

By Marjolyn Noble, Leon Steed

Balboa Press, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Would you rather experience a life crippled by negativity, pessimism, and fatalism-or one blooming with passion, optimism, and beauty? Would you rather be the champion of your own life-or just a participant? You can be the change you desire in your own life-you simply need to start making decisions that invite joy, prosperity, and peace to you. Sometimes, what seems like a coincidence is much more. Those who surge forward in this life simply know how to recognize these sacred moments. For Marjolyn Noble, her sacred moment happened in a local fitness centre. That's where she met Leon Steed, a personal trainer who would become instrumental in encouraging his new client to create the life of her dreams. Two years and twenty-six kilograms lighter, Marjolyn had formed a new partnership with Leon that was teeming with energy. They decided to share this amazing process with others because their journey can inspire yours. It all started on 11/11/11, when Leon recorded his Butterfly Guided Meditation to a CD. Inspired by the beautiful transformative journey of the butterfly, these...



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