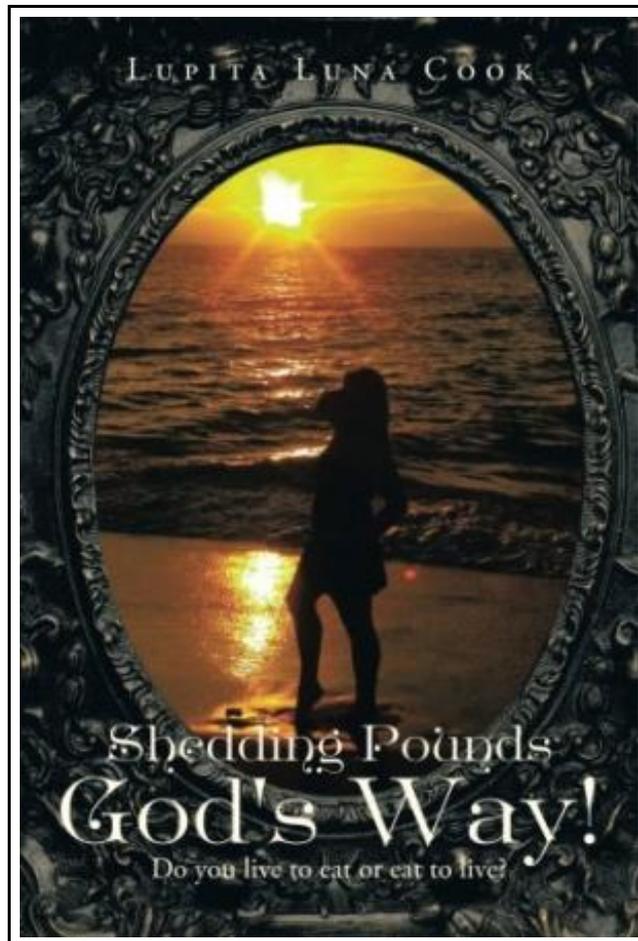


Shedding Pounds God's Way!: Do You Live to Eat or Eat to Live?



Filesize: 8.49 MB

Reviews

The book is great and fantastic. It is written in straightforward words and phrases rather than difficult to understand. You won't really feel monotony at any time of your respective time (that's what catalogues are for regarding should you question me).
(Payton Miller)

SHEDDING POUNDS GOD S WAY!: DO YOU LIVE TO EAT OR EAT TO LIVE?



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Trafford Publishing, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Losing weight is one of the hardest things to do for many people. After spending my life with years of defeat, I grew tired of losing at life, being overweight, hating my life as it was, forgetting all the things I should have been thankful for! When you are caught up in a dark place, you tend to forget what you have that is good. Everything seems bad! I was losing the battle, having diabetes to the extreme, high blood pressure, and high cholesterol, a low thyroid-these did not help. I was well over 100 pound overweight. I knew deep within my heart there had to be a solution, an answer to my problem. I needed for someone to rescue me! Not realizing I had the answer and the power inside of me. I established a relationship with Jesus! Through my search, Jesus changed my thinking, making me understand that to have victory is to change my lifestyle. I had to renew my mind, change the way I looked at food and life. I chose life! With help from Jesus, I researched with the direction of the Holy Spirit, finding my way to true success! Stop living to eat! Start eating to live!.



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